

Prohands® Tactical trains your hands to lock on the target.



Handgun trainers know Prohands is the best exerciser in the world because it isolates and strengthens each finger individually. Now we've added a laser sight to provide a direct link between hand strength and the target.





Prohands Tactical trains your hands to lock on the target.

A core principle of handgun training is to train your eyes to lock on the target. Our belief is that it is also essential to train your hands to lock on the target. We accomplished this by adding a laser to our hand exerciser.

Aim the laser at any target. Challenge yourself to keep the laser steady on the target while vigorously exercising your hand. The laser provides immediate and continuous feedback. You are now training **both your hands and eyes** to lock on the target.



Unsteady hands compromise focus and accuracy.

The primary reason accuracy degrades during pistol qualification is insufficient strength, endurance, and dexterity in your hands. Prohands Tactical directly connects development of hand strength with consistent focus on the target. The laser provides real time confirmation that your hands are supporting accuracy.

When you are not at the range, there is absolutely no better way to train your hands and eyes for accuracy.

2 ways to train: trigger finger or entire hand.

The Prohands Tactical kit includes rubber plugs to immobilize all springs except for the trigger finger. This training is critical to prevent deflection during trigger pull.

With rubber plugs removed, you may exercise the entire hand. This is critical for overall hand strength training.

prohands[®] TACTICAL

WHICH TENSION IS BEST FOR YOU ?



PRO
\$21.95 List Price

Our most advanced model for pros and motivated individuals seeking maximum strength and endurance.



TACTICAL
\$34.95 List Price

An advanced exerciser for handgun training. Keep red laser dot steady on the target as you exercise your hand.



CHOOSE
Best Tension

Please see our recommendations below for the best resistance to help you meet your goals.

MODEL/TENSION	LBS/FINGER	COLOR
LIGHT SKU 15000	5.0	BLUE
MEDIUM SKU 15001	7.0	RED
HEAVY SKU 15002	9.0	BLACK
X-HEAVY SKU 15003	11.0	GRAY
XX-HEAVY SKU 15004	13.0	ORANGE

MODEL/TENSION	LBS/FINGER	COLOR
LIGHT SKU 15005	5.0	BLUE
MEDIUM SKU 15006	7.0	RED
HEAVY SKU 15007	9.0	BLACK
X-HEAVY SKU 15008	11.0	GRAY
XX-HEAVY SKU 15019	13.0	ORANGE

RECOMMENDATIONS
AVERAGE WOMEN'S HANDS
AVERAGE MEN'S HANDS
COMPETITIVE ATHLETES
LAW ENFORCEMENT
MILITARY

Our Tactical model consists of a PRO exerciser and a Tactical Kit. The kit easily attaches to all models of the PRO. If you start with Medium Tension, you may advance to Heavy Tension by buying a Heavy Tension PRO and assembling it with your original Tactical Kit.

available at **amazon**

TACTICAL KIT



(1) Laser



(1) Removable Mount
Rigid Plastic



(2) Removable Stabilizer Plugs
Flexible Rubber



(2) Batteries